



FOOD ALLERGEN MATRIX

Food Product	CELERY	GLUTEN - inc wheat, rye, barley & oats	CRUSTACEANS - inc prawns, crab & lobster	EGGS	FISH	LUPIN	MILK	MOLLUSCS - inc squid, mussels	MUSTARD	NUTS	PEANUTS	SESAME SEEDS	SOYA BEANS	SULPHUR DIOXIDE or SULPHITES at levels above 10mg per kilogram or per litre
SANDWICH FILLINGS														
Chicken Mayo and Bacon		X		X			X		X				X	
Chicken Mayo and Salad		X		X			X		X				X	
Chicken Mayo and sweetcorn		X					X						X	
Italian Chicken with lettuce	X	X		X			X		X				X	X
Chicken Tikka		X					X						X	
Piri Piri Chicken	X	X		X			X		X				X	X
Minted Chicken	X	X		X			X		X				X	X
Mexican Chicken with sweet chilli sauce	X	X		X	X				X				X	X
Mexican Chicken (Mex Mayo, Peppers & Spring Onion)	X	X		X			X		X				X	X
Jamaican Jerk Chicken & Lettuce	X	X		X			X		X				X	X
Cajun Chicken & Mango Chutney with Lettuce and	X	X		X			X		X				X	X
Cajun Chicken	X	X		X			X		X				X	X
Morrocan Chicken	X	X		X			X		X				X	X
Maple Glazed Chicken & Salad	X	X		X			X		X				X	X
Sweet Chilli Chicken & salad	X	X		X			X		X				X	X
Chicken & Green Pesto with Tomato & salad		X					X						X	
Aromatic Thai Chicken & Salad	X	X		X			X		X				X	X
Kentucky Bourbon Chicken with Salad	X	X		X			X		X				X	X
Chinese Chicken	X	X		X			X		X				X	X
BBQ chicken with lettuce and cucumber		X					X						X	X
Tandoori Chicken	X						X		X				X	X
Chicken with sage & onion stuffing		X		X			X		X				X	
Chicken Tomato and Basil		X					X						X	
All Day Breakfast		X		X			X		X				X	
Sausage, Cheese & Pickle		X		X			X		X				X	
Sausage and egg mayo with tomato		X		X			X		X				X	

New York Deli		x		x		x		x				x	
Gammon Ham & egg salad		x		x		x		x				x	
Gammon Ham & Egg Salad with Salad cream		x		x		x		x				x	
Gammon Ham, Mature Cheddar & Chunky Coleslaw		x		x				x				x	
Gammon Ham and Mature Cheddar		x		x		x		x				x	
Gammon Ham, Mustard Mayo and Lettuce		x		x		x		x				x	
Gammon Ham & Salad		x				x						x	
Gammon Ham & Tomato		x				x						x	
Gammon Ham, Brie & Cranberry		x				x						x	
Gammon Ham, Mature Cheddar and Branston Pickle with Salad		x				x						x	
Gammon Ham and Chunky coleslaw		x		x		x		x				x	
Gammon Ham & Wholegrain Mustard								x					x
Simply Gammon Ham		x				x		x				x	
Bacon and Feta Cheese		x		x		x		x				x	
Bacon, Lettuce & Tomato		x		x		x		x				x	
Pastrami & Plum Chutney		x											
Pastrami, Gherkins & Mustard Mayo		x		x		x		x				x	
Salami Milano & Lettuce		x		x		x		x				x	
Corned Beef, Branston Pickle & Salad		x		x		x						x	
Roast Beef & Salad		x		x		x		x				x	
Lamb & Mint Mayo	x	x		x		x		x				x	
Turkey and Cranberry Sauce		x		x		x		x				x	
Roast Turkey & Bacon with Tomato and lettuce		x		x		x		x				x	
Roast Turkey & Mixed Cheese		x		x		x		x				x	
Turkey Salad		x		x		x		x				x	
Roast Turkey with Cranberry stuffing		x		x		x		x				x	
Turkey & Chunky coleslaw		x		x		x		x				x	
Egg & Bacon		x		x		x		x				x	
Egg Mayo & Bacon		x		x		x		x				x	
Egg mayo & Salad		x		x		x		x				x	
Egg mayo and cress		x		x		x		x				x	
Plain Egg Mayo		x		x		x		x				x	
Egg Salad & Salad Cream		x		x		x		x				x	
Egg, Avocado & Spinach		x		x		x		x				x	
Egg Mayo and Tomato		x		x		x		x				x	
Egg & Salad		x		x		x						x	

Plain Egg & Tomato		x		x		x						x	
Crab Flakes with Seafood Sauce & Salad		x	x	x	x	x		x				x	
Tuna Mexican		x			x	x		x				x	
Tuna, Cheese & Spring onion		x		x	x	x		x				x	
Tuna Mayo & Salad		x		x	x	x		x				x	
Tuna Mayo & Tomato		x		x	x	x		x				x	
Tuna Mayo & cucumber		x		x	x	x		x				x	
Tuna Mayo & Sweetcorn		x		x	x	x		x				x	
Tuna Mayo, Sweetcorn and cucumber		x		x	x	x		x				x	
Tuna Mayo & Onion		x		x	x	x		x				x	
Tuna Mayo & Sliced Eggs		x		x	x	x		x				x	
Plain Tuna Mayo		x		x	x	x		x				x	
Tuna Mayo with Rocket		x		x	x	x		x				x	
Tuna Mayo with rocket and cucumber		x		x	x	x		x				x	
Tuna, Cheese and Peppers		x		x	x	x		x				x	
Seafood Cocktail		x			x	x		x				x	
Prawns, Mayo and Lettuce		x	x	x	x	x		x				x	
Prawns, Seafood Sauce and Lettuce		x	x	x	x	x		x				x	
Prawns, Mayo, & Avocado		x	x	x		x		x				x	
Prawns Mayo & Rocket		x	x	x		x		x				x	
Prawns, Mayo, Avocado, & Rocket		x	x	x	x	x		x				x	
Smoked Salmon & Cream Cheese with Cucumber		x		x	x	x		x				x	
Smoked Salmon with rocket and cucumber		x		x	x	x						x	
Smoked Salmon & Salad		x		x	x	x		x				x	
Smoked Salmon with Lemon & Dill Mayo		x		x	x	x		x				x	
Salmon & Broccoli Pasta		x			x							x	x
Pink Salmon & Lemon Mayo	x	x		x	x	x		x				x	
Pink Salmon	x	x		x	x	x		x				x	
Mature Cheddar Cheese & Chives with Bacon		x		x		x		x				x	
Mature Cheddar Cheese and Salad		x				x						x	
Caribbean Ploughmans Mango Mayo, Lettuce Cucumber and To	x			x		x		x				x	
Mature Cheddar Cheese and Cucumber		x				x						x	
Cheese Ploughmans Branston Pickle, Lettuce and Tomato		x				x						x	
Mature Cheddar Chese & Chives with Mayo and Salad		x		x		x		x				x	
Mature Cheddar Cheese and Red Onion		x				x						x	
Mature Cheddar Cheese with cucumber and salad cream		x		x		x		x				x	

Spinach and feta goujons		x					x							
Spinach and goats cheese turnover		x		x			x		x					
Sweet chilli chicken bites		x					x						x	
Sweet Potato Bites														x
Sweet potato curry turnover		x							x					
Sweet potato falafel														x
Tikka Kebab		x							x					
Tikka Sticks							x							
Veg Nuggets		x												
Vegetable Dim Sum		x										x	x	
Veggie nuggets		x												
Vol-au-vents		x							x					
Volauvents		x					x							
Yakitory		x												
Van Hot food														
Bacon & Cheese														
Bacon & Sausage Baguette		x												x
Bacon & Sausage Roll		x												x
Bacon and cheese pastie		x					x							
Bacon Baguette		x												
Bacon Roll		x												
Sausage Baguette		x												
Sausage Roll		x												x
Sausage Rolls		x					x		x					
Sausages		x												x
Breakfast		x					x						x	x
Breakfast Baguette		x		x			x							x
Brie & Bacon Roll		x					x							
Hash Browns														
Cheese & Onion		x					x		x				x	
Cheese & Tomato Swirl		x					x							
Cheese Twist		x					x							
Cheese, Tomato & Basil		x					x							
Spinach & Ricotta		x					x							
Chicken & Mushroom		x					x						x	

Chicken Burgers		x												x
Chicken samosa		x					x							
Beef & Veg		x					x							
Beef Burgers		x											x	x
Lamb & Mint pasty		x					x							
Lamb Samosa		x												
Steak Slice		x					x						x	
Veg Samosa		x												
Other														
Pate							x							
Smoked Cheese							x							
Wensleydale cheese							x							
Corned Beef														
Breakfast pastries														
Mixed Danish		x		x			x				x			
Butter croissant		x		x			x							
Pain au chocolate		x		x			x							
Cake														
Banana & Chocolate		x		x										
Banana & Toffee		x		x			x						x	
Banana & White Chocolate Muffins		x		x			x						x	
Blueberry burst cake		x		x			x			x			x	x
Boston Brownie tray bake		x		x									x	
Caramel tray bake		x					x						x	
Carrot cake		x		x			x			x			x	
Chocolate cake		x		x			x						x	
Chocolate chip tray cake		x		x			x			x			x	x
Chocolate fruit and nut slice		x					x			x			x	x
Citrus Sunbeam		x					x							
Coconut and vanilla cake		x		x			x			x			x	
Coffee and walnut cake		x		x			x			x				
Cupcakes		x		x			x						x	
Double Chocolate		x		x			x						x	
Fruit Loaf		x		x			x							x
Ginger loaf		x		x			x			x			x	x

